

# **ABOUT US**

We believe in you. We believe everyone has potential. But sometimes it's about finding ways to unleash all that you can to grow on perrsonal and professional level. With underlying passion commitment to the UAE and founded by UAE nationals, we at Know How, identify the need for a locally based training and Human Resources consultancy, that operates international standards tο make positive impact and change happen.

Know How is the only consultancy in region that have conducted ongoing research Emirati on personality types based on assessment of 7,000 UAE nationals, to better understand what motivates and attracts them. With over 20 years of experience in the region, we have worked with almost every Abu Dhabi Government entity to enhance their level of excellence.



### **PLAY ATTENTION**

Play Attention is a high-tech, clinically proven, brain exercise tool. It combines tested teaching methods and proven technology to improve attention skills, increase time-on- task, improve memory, and other cognitive skills.



# **PSYCHOMETRIC TESTING**

These assessments include various Neuropsychological testing (Ability, Achievement, Behavior, Memory, Neuropsychology & Personality) for children. Some include testing to determine any learning disabilities or ADD/ADHD, Personality testing and Ability testing- Wechsler Intelligence Scale (WAIS-IV & WISC-IV).



#### PLAY THERAPY

It is a dynamic approach to counseling that allows the therapist to fully experience the child's world and the child's personality.



# PARENT & CHILD BONDING SESSIONS

The process of bonding with your child creates a sense of self-identity and feelings of belonging within a family and the community. There are numerous benefits of forming a strong and healthy bond with your child.



#### **EVALUATION & CONSULTATION**

After Psychometric Testing has been administered and all the information has been gathered by our clinician. A separate evaluation and consultation session is then organized to discuss your child's test results findings with the parents.



# **COUNSELING SERVICES**

Counselling offers children and young people a space to talk about their thoughts and feelings in a safe environment. It helps them to share any worries or problems they may have and to build their confidence and self-esteem.